

Stuff That Works At Work

Chapter 20

“Vacation”

Take Action

Stuff That Works At Work

Chapter 20 Take Action: Content

- Start by scheduling one day off, and take it. No phone or email for a complete 24 hours.
- Schedule a vacation in a place or foreign country with no cell phone service...or better yet, leave your phone behind. Unplug and enjoy!
- On a weekly basis, choose one day you will not work at all. No phone, no email, no work. Do it.
- Invest time on Stuffthatworksbooks.com to find ways others have made collaboration work for them

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Chapter 20 Take Action: Action 1

Start by scheduling one day off, and take it. No phone or email for a complete 24 hours.

ACTION

I like to think of it like playing Hooky. It is freeing and refreshing.

Be a kid again find something active to do. Something you love to do is a good choice. Go to movies, Read a book. Something you love to spend time on.

Another approach is to pick something you have never done or even thought of doing. I have taken Yoga, Taken a pottery class, and simply sat in a mall and watched people.

It does not matter what you do. The idea is to disconnect from work.

EXAMPLES

1 day vacations

1. Amusement Park
2. Water Park
3. Film Festival
4. Antiquing
5. Spa Day
6. Road Trip
7. Museums
8. Fairs and Festivals
9. Non Work Related Classes
10. Sporting events

1 day vacations

1. Sat in Park and read a book
2. Took Kung Fu Class
3. Took a walking garden tour
4. Spent the day photographing
5. Painted landscapes
6. Wrote poems at the coffee shop
7. Hiked Mount Adams
8. Competed in Checkers Tourney
9. Went to gun range
10. Watched entire season of 24

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Chapter 20 Take Action: Action 2

Schedule a vacation in a place or foreign country with no cell phone service...or better yet, leave your phone behind. Unplug and enjoy!

ACTION.

I have successfully established in my life that when I am on vacation I am unreachable. I do not text, read e-mail or answer the phone.

I have held several high level positions but it has worked for me. I expect the same from my people. Disconnect from work.


One way to do this is to be the victim. I will be in the wilderness and there is no internet or wifi. People accept this at least to day. I personally don't use the excuse but many do and it works.

There are now several resorts that block out communications for those who can't do it on their own.


Just find a way to disconnect from work and enjoy your vacation.

EXAMPLES


FAQs | Panamint Springs Resort

www.panamintsprings.com/about-us/faqs/ 
Panamint Springs Resort operates completely off grid, which means we do not have access to ... There is no digital cellular service at Panamint Springs Resort.


Enter The Quiet Zone: Where Cell Service, Wi-Fi Are ... - NPR

www.npr.org/.../enter-the-quiet-zone-where-cell-service-wi-fi-are-bann... 
Oct 8, 2013 - Cell service around the telescope is nonexistent. ... There are no physical signs you've entered the National Radio Quiet Zone, a 13,000-square-mile area that covers the The resort happens to sit right inside the Quiet Zone.

No WiFi, no TV, no cell coverage... just A room with an ...

www.tripadvisor.com > ... > Point-No-Point Resort 
★★★★★ Rating: 5 - Review by a TripAdvisor user - Jul 6, 2014
Point-No-Point Resort: No WiFi, no TV, no cell coverage... just A room with an exquisite view - See 224 traveler reviews, 146 candid photos, and great deals for ...

Technology-Free Vacation: 7 Places Where You Can ...

www.huffingtonpost.com/.../technology-free-vacati... 
Jul 31, 2012 - According to a Mobile Mind. ... we've put together a traveler's guide to remote vacation spots with unreliable cell phone service and internet access. Or REILLY: Thanks to electronics, family vacations not as they used to be.

World's Ultimate Unplugged Vacations - Forbes

www.forbes.com/.../travel-vacation-unplugged-forbeslife-cx_rr_0... 
Apr 15, 2008 - Not only are these remote destinations now rigged for basic cellphone service, wireless Internet is available at local hotels and resorts.

Coloma Resort - 53 Photos - Venues & Event Spaces - 6921 ...

www.yelp.com > ... > Venues & Event Spaces 
★★★★★ Rating: 4 - 70 reviews
Sink vanity in bunkhouse cabin Coloma Resort - Coloma, CA, United States. Sunset on the The ONLY con to the resort: No cell service. They do offer wifi but ...

Relaxing beachy honeymoon with no cell and no internet? - re...

ask.metafilter.com/.../Relaxing-beachy-honeymoon-with-no-cell-and-no-... 
Jul 9, 2015 - Most of the nicer hotels/resorts and a couple of cafes have internet Death Valley, CA National Park has big chunks of no cell coverage.

VACATION

Hey Team,

I will be on vacation next week and will be unavailable.

I am confident in your ability to thrive in my absence. IF something major comes up Jill is my proxy.

Have a great week.

Joe

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Chapter 20 Take Action: Action 3

On a weekly basis, choose one day you will not work at all. No phone, no email, no work. Do it.

ACTION.

Our lives are becoming very integrated between work and private time. They are blurring.

I have found it to be very helpful to commit one day a week when I am not going to work.

For me that day is Saturday. If I have work for the weekend I do it on Sunday. Saturdays belong to my Family and me.

It is amazing how hard this is to do but I have found it to work for me.

I am much more able to do my work on other days when I truly take a day for my family and myself.

Try it. It works.

EXAMPLES

Hey Team,

I know we will all be working on this project this weekend.

Just so you know I will be working on it Sunday.

Saturday I will be hanging out with the family but will hit it hard on Sunday.

I strongly encourage you to not work all weekend but to balance your time.

Joe

Hey Boss,

I was unable to get the deck finished today but I will work on it Sunday and get it to you by 4pm Sunday.

Joe

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Chapter 20 Take Action: Action 4

Invest time on Stuffthatworksbooks.com to discover more ways to add fun to daily office life.

ACTION.

This is an easy one.

I believe that each of us can help someone else.

There is so much to know and to experience. You just can not do it on your own. So the best way forward is to share and learn from each other.

Technology makes this so easy today. That is why I built the web site Stuffthatworksbooks.com.

It only reaches its potential if you join in and add the stuff that works that you have found. Please make a contribution today. Help others find the Stuff That Works.

Others have already shared their stuff that works so be sure to check the site often as there is probably something to improve every area of your life.

The community is waiting and growing. I hope you will join in and make a positive difference.

Thank you!

EXAMPLES

CONTRIBUTE

It is easy to share your Stuff That Works.

Simply click on “Contribute” from the main menu.

Then select “Submit an Idea”.

Easy!

Learn From Others

It is easy to Learn Stuff That Works from others.

Simply click on “Contribute” from the main menu.

Then select “Search for Stuff That Works”.