

# Stuff That Works Building Families

## Chapter 10

### “Date Night”

Take Action

# **Stuff That Works Building Families**

## Chapter 10 Take Action: Content

- Pick up a magazine of the top 10 restaurants and have a date at each one of them. If too expensive just go for desert or one course like a salad or soup. Or share an entree.
- Always plan 2 weeks in advance. Pick the place and then ask your significant other out. Make it special with a gift. A gift might be a hand picked flower or their favorite candy. Keep it simple and thoughtful
- Do it at home. Farm out the kids or lock your bedroom door. Watch a movie or take a bath. Have candles and drinks. Cheese and chocolates make it special.
- Invest time on [Stuffthatworksbooks.com](http://Stuffthatworksbooks.com)

# Stuff That Works Building Families

Chapter 10 Take Action: Action 1

Pick up a magazine of the top 10 restaurants and have a date at each one of them. If too expensive just go for desert or one course like a salad or soup. Or share an entree.

## **ACTION**

This is a fun exercise and works well in several variations.

1. Select Best Restaurants
2. Select 10 best Ethnic Restaurants
3. Pick restaurants within a price range
4. Make a list by Course. Best salads, best soup, best appetizers etc...
5. Select by Type of food. Best steaks, best sea food , burgers, etc...

Make sure you start a journal. Take pictures and include comments from each family member on the experience.

## **EXAMPLES**



## Stuff That Works Building Families

Chapter 10 Take Action: Action 2

Always plan 2 weeks in advance. Pick the place and then ask your significant other out. Make it special with a gift. A gift might be a hand picked flower or their favorite candy. Keep it simple and thoughtful

### **ACTION.**

This works for both genders.

I love when my wife asks me out. I love more when I plan an event and take her out.

Start a list of places and start checking them off. Take turns each of you get's a month and a list of places.

Turn it into a major date and have fun.

Set a budget so you are each equally armed. Don't compete on who can spend the most cash but rather who can be the most loving within a budget.

IF you can't afford the full meal just do desert or a drink at the bar. You will find creative ways to enjoy the experience without spending the full fare.

My wife and I almost always share what we order. This alone cuts our normal bill in half or allows us to experience a broader spectrum of the menu.

### **EXAMPLES**



Ways to stretch the budget

1. Only drink water. Drinks are expensive even sodas
2. Enjoy only one course
  - Appetizer only
  - Salad only
  - Soup only
  - Entre only
  - Desert only
  - Drinks only
3. Do option 2 but share the one item you order. Very romantic especially if you sit side by side



## Stuff That Works Building Families

Chapter 10 Take Action: Action 3

Do it at home. Farm out the kids or lock your bedroom door. Watch a movie or take a bath. Have candles and drinks. Cheese and chocolates make it special.

### **ACTION.**

There are times when going out is a pain.

I suggest making it a habit of you and your wife having a special time at home each week. This is best done with Routine and needs to be scheduled. You need to establish it with the entire family. For example: Tuesday night from 7-9 is Mommy and Daddy time, Only interrupt us with emergencies.

Never miss it once established. Once it is missed it is hard to reset. Make it a priority and make it happen.

I have a kit that helps make this happen. It is a duffle bag full of things that allow me to make it special.

A few minutes of planning and prep will pay huge dividends for all of you.

### **EXAMPLES**

#### Home Date Ideas

1. Movie Night for Parents only
2. Bath Time
3. Game Time (Boggle, Checkers)
4. Cook Time (Cook Dinner together and eat it on your own kids order pizza)
5. Dinner Wednesdays
6. Lunch on Sundays

Event Kit	Content
Movie Night	Popcorn Bucket Movie Candy Tickets
Bath Time	Soaps and Salts, Candles, Book
Cook Time	Book of recipes, chef hat and aprons, spatula

# **Stuff That Works Building Families**

Chapter 10 Take Action: Action 4

Invest time on [Stuffthatworksbooks.com](http://Stuffthatworksbooks.com) to discover more ways to add fun to daily office life.

## **ACTION.**

This is an easy one.

I believe that each of us can help someone else.

There is so much to know and to experience. You just can not do it on your own. So the best way forward is to share and learn from each other.

Technology makes this so easy today. That is why I built the web site [Stuffthatworksbooks.com](http://Stuffthatworksbooks.com) .

It only reaches its potential if you join in and add the stuff that works that you have found. Please make a contribution today. Help others find the Stuff That Works.

Others have already shared their stuff that works so be sure to check the site often as there is probably something to improve every area of your life.

The community is waiting and growing. I hope you will join in and make a positive difference.

Thank you!

## **EXAMPLES**

### **CONTRIBUTE**

It is easy to share your Stuff That Works.

Simply click on “Contribute” from the main menu.

Then select “Submit an Idea”.

Easy!

### **Learn From Others**

It is easy to Learn Stuff That Works from others.

Simply click on “Contribute” from the main menu.

Then select “Search for Stuff That Works”.