

Stuff That Works Building Families

Chapter 16

“SHARE”

Take Action

Stuff That Works Building Families

Chapter 16 Take Action: Content

- Discuss Share with your spouse. Try and come up with your own acronym for your relationship.
- Score yourselves on Share and compare your scores. It usually works best to be honest. Make sure you have at least an hour of time to discuss uninterrupted.
- Develop and execute a plan to improve your SHARE scores.
- Invest time on Stuffthatworksbooks.com

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Chapter 16 Take Action: Action 1

Discuss Share with your spouse. Try and come up with you own acronym for your relationship.

ACTION

I came up with the SHARE acronym for my wife and I and it works for us. Perhaps it will work for you too.

If not then create an acronym of your own together with your spouse.

Like so many of the things that work for building families it is about time, togetherness, serious conversation coupled with fun.

Moderation and Balance build families

EXAMPLES

ASPECT	MAN Priority	WOMAN Priority	Comments
Sex	H	L	Men Tend to score Sex Higher than Women
Help	M	M	Both men and women just want help
Adventure	L	H	Generally women Score adventure higher than men
Respect	L	H	Women score respect very high compared to men

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Chapter 16 Take Action: Action 2

Score yourselves on Share and compare your scores. It usually works best to be honest. Make sure you have at least an hour of time to discuss uninterrupted.

ACTION.

I have provided two grids to the side for you and your spouse to get this done.

On the top one each of you should prioritize the 4 aspects of your relationship based on how important it is to you. I am the man. Sex is very high for me adventure and Respect are much lower for me.

In the second grid you should force rank the aspects from top to bottom. Here you are forcing prioritization.

Once each of you has completed your part of the grid then discuss each answer and mutually capture your comments.

The conversation is usually quite meaningful and will provide insights into how you each approaches your marriage relationship.

It has worked for my spouse and I.

EXAMPLES

ASPECT	MAN Priority	WOMAN Priority	Comments
Sex	H	L	
Help	M	M	
Adventure	M	H	
Respect	M	H	

ASPECT	MAN	WOMAN	Comments
Sex	1	4	
Help	2	3	
Adventure	3	2	
Respect	4	1	

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Chapter 16 Take Action: Action 3

Develop and execute a plan to improve your SHARE scores.

ACTION.

The idea here is to work on all four aspects of Share to ensure you are aligned and improving in your relationship.

The journey is what matters. The journey here is its own reward.

The scores are irrelevant. The key is that you are communicating and building something together.

Feel free to replace the aspects I have identified with your own. Again these are simply a tool for communication and to direct your time together.

Have fun!

EXAMPLES

ASPECT	MAN	WOMAN	Action Plan
Sex	1	4	Date night each week
Help	2	3	Clean house together Saturdays
Adventure	3	2	Create a list and incorporate it with date night
Respect	4	1	Read a book and implement a plan

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Chapter 16 Take Action: Action 4

Invest time on Stuffthatworksbooks.com to discover more ways to add fun to daily office life.

ACTION.

This is an easy one.

I believe that each of us can help someone else.

There is so much to know and to experience. You just can not do it on your own. So the best way forward is to share and learn from each other.

Technology makes this so easy today. That is why I built the web site Stuffthatworksbooks.com .

It only reaches its potential if you join in and add the stuff that works that you have found. Please make a contribution today. Help others find the Stuff That Works.

Others have already shared their stuff that works so be sure to check the site often as there is probably something to improve every area of your life.

The community is waiting and growing. I hope you will join in and make a positive difference.

Thank you!

EXAMPLES

CONTRIBUTE

It is easy to share your Stuff That Works.

Simply click on “Contribute” from the main menu.

Then select “Submit an Idea”.

Easy!

Learn From Others

It is easy to Learn Stuff That Works from others.

Simply click on “Contribute” from the main menu.

Then select “Search for Stuff That Works”.