

Stuff That Works Building Families

Chapter 23

“Adventures”

Take Action

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Chapter 23 Take Action: Content

- Pick a day this week and create an adventure. Make it a surprise go somewhere or do something you have never all done before.
- Plan a significant adventure for next month. Do it
- Brainstorm a list of adventurers and work the list
- Invest time on Stuffthatworksbooks.com

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Chapter 23 Take Action: Action 1

Pick a day this week and create an adventure. Make it a surprise go somewhere or do something you have never all done before.

ACTION

Adventures are much bigger deals than just outings. They take planning and can cover multiple periods of time. They tend to be one and done type activities.

Adventures are different than traditions in that you do not repeat them on a regular interval. They may lead to a life long activity or a tradition but at that point they are no longer adventures as I use them here.

It is so exciting. Do as I suggest start creating adventures.

EXAMPLES

ADVENTURES WE HAVE HAD

1. Trip to Moab in winter as pre-teens
2. Trip to Disney World as small children
3. Trip to Moab in Summer as adults
4. Trip to Disney as High Schoolers (Stayed in Discount Hotel)
5. Trip Skiing in Salt Lake
6. Trip to California chasing Dolphins
7. BWCAW Trips into the wilderness canoeing
8. Trip to Snake River to White Water Raft
9. Trip to Grand Canyon
10. Trip to Bat Cave in Texas
11. Trip through the Locks in Minnesota
12. Night on a Paddle boat
13. Trip to Fraconia Sculpture Garden
14. Trip to North Shore for Meyers Brig Weekend
15. Trip to several different art festivals
16. Trip to Water Parks
17. Quests to ride roller Coasters
18. Plays, Operas, and Dance Festivals
19. Not yet realized but journey to "BURNING MAN"

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Chapter 23 Take Action: Action 2

Plan a significant adventure for next month. Do it

ACTION.

Adventures almost always take time, money and therefore planning.

You have to want it. You have to plan it. You have to work to make it happen.

Sometimes I keep them as secrets and other times we attack them as a family. We share responsibilities. We gather info and supplies. We sacrifice to save money. It becomes an expedition.

We are always working a bucket list as a family.

Our energy ebbs and flows but the list always is being worked.

EXAMPLES



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Chapter 23 Take Action: Action 3

Brainstorm a list of adventurers and work the list

ACTION.

It is as much about the journey as it is the end result.

As you build the list you will learn about each other. You will also begin to form common goals and dreams.

It is the process and the idea of a joint adventure that provides Joy and connectedness.

Get busy both planning and doing.

Have some adventurous fun!!!

EXAMPLES

Family Adventures

1. Travel
2. Hang Gliding
3. Exploratory Flight at local Airport
4. Boating
5. Museums
6. Zoo
7. Local Theatres
8. Road Trips
9. Sky Diving
10. Local Hotels
11. Surfing
12. Sledding
13. Skiing
14. Fishing
15. Hunting
16. Hiking
17. Biking
18. Ride a train
19. Water parks

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Chapter 23 Take Action: Action 4

Invest time on Stuffthatworksbooks.com to discover more ways to add fun to daily office life.

ACTION.

This is an easy one.

I believe that each of us can help someone else.

There is so much to know and to experience. You just can not do it on your own. So the best way forward is to share and learn from each other.

Technology makes this so easy today. That is why I built the web site Stuffthatworksbooks.com .

It only reaches its potential if you join in and add the stuff that works that you have found. Please make a contribution today. Help others find the Stuff That Works.

Others have already shared their stuff that works so be sure to check the site often as there is probably something to improve every area of your life.

The community is waiting and growing. I hope you will join in and make a positive difference.

Thank you!

EXAMPLES

CONTRIBUTE

It is easy to share your Stuff That Works.

Simply click on “Contribute” from the main menu.

Then select “Submit an Idea”.

Easy!

Learn From Others

It is easy to Learn Stuff That Works from others.

Simply click on “Contribute” from the main menu.

Then select “Search for Stuff That Works”.