

Stuff That Works Building Families

Chapter 9

“Learning Together”

Take Action

Stuff That Works Building Families

Chapter 9 Take Action: Content

- Brainstorm things you want to do or learn. Then work the list.
- Take a martial arts class together as a family
- Learn a language together. Buy software or get a tutor but schedule time. Be serious and do not fail. Break it up. If learning Spanish talk to a local restaurant owner and ask to eat in the kitchen where the employees talk to you in Spanish. The idea is to make it fun and different. There are multiple ways to skin a cat.
- Invest time on Stuffthatworksbooks.com

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Chapter 9 Take Action: Action 1

Brainstorm things you want to do or learn. Then work the list.

ACTION

Engaging the family in developing the list is important. I recommend doing it as part of each New Years celebration.

Treat it like an annual bucket list. Review it from time to time and work against it.

This is a little bit like new years resolutions. Although we mainly fail to achieve them or to remain diligent against them they are still very valuable to us.

I have found it is the process and the attempt of doing something together as a family that is important. The end result and our consistency is less important than the attempts we make and the time and energy we invest together.

It is the journey that builds the family.

EXAMPLES

Family Learning List 2015

1. Kung Fu
2. Tai Chi
3. Water Color Painting
4. Skiing
5. Sailing
6. Chess
7. World of War Craft
8. Mine craft
9. Words with Friends
10. Facebook
11. Spanish
12. Candy Factory Tour
13. Making Root Beer
14. Baking Cup Cakes
15. Making Chinese Food
16. Knitting wool socks
17. Pottery
18. Glass blowing
19. Quilting
20. Canoeing
21. Kayaking White Water
22. Repelling

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Chapter 9 Take Action: Action 2

Take a martial arts class together as a family

ACTION.

I strongly suggest doing something like this. A physical activity that pulls in the entire family. Don't just take the kids. Do it all together.

Pick something physical.

Make sure it has a limited time like 1 class a week for 6 weeks.

Schedule the time and all commit to make it happen.

Gain everyone's commitment to doing it and hold each other accountable. No doubt some will hate it but the key is to hold all to the commitment and get it done. Pick a beginner or exploratory class for the family. I have found that beyond 4 days it hard to hold everyone's engagement.

Walk before you run. Pay attention and be sensitive. Don't force members to engage beyond the initial commitment. Those that want to take the intermediate class can. Those who completed the introductory class did great and do not need to move on unless they want to.

EXAMPLES



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Chapter 9 Take Action: Action 3

Learn a language together. Buy software or get a tutor but schedule time. Be serious and do not fail. Break it up. If learning Spanish talk to a local restaurant owner and ask to eat in the kitchen where the employees talk to you in Spanish. The idea is to make it fun and different. There are multiple ways to skin a cat.

ACTION.

To be honest I have failed at this terribly.

I do not think anyone in my family can speak anything beyond English. It is sad and pathetic.

I encourage you to succeed where I have failed.

To this day I keep trying. We buy CDs, we hire tutors, we eat in restaurants.

I think the world would be a much more robust experience if we knew more languages and appreciated more cultures and could communicate.

Join the quest and succeed where I have failed.

EXAMPLES



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Chapter 9 Take Action: Action 4

Invest time on Stuffthatworksbooks.com to discover more ways to add fun to daily office life.

ACTION.

This is an easy one.

I believe that each of us can help someone else.

There is so much to know and to experience. You just can not do it on your own. So the best way forward is to share and learn from each other.

Technology makes this so easy today. That is why I built the web site Stuffthatworksbooks.com .

It only reaches its potential if you join in and add the stuff that works that you have found. Please make a contribution today. Help others find the Stuff That Works.

Others have already shared their stuff that works so be sure to check the site often as there is probably something to improve every area of your life.

The community is waiting and growing. I hope you will join in and make a positive difference.

Thank you!

EXAMPLES

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Then select “Submit an Idea”.

Easy!

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